Food Glorious Food

Year 3 Autumn 2

As scientists we will focus on nutrition and healthy eating. We will learn about the 5 food groups and what is needed to maintain a healthy diet. Emphasis will be 'variety is healthy'. We will discuss that a balanced diet must include food that enables 'growth' and 'energy'. We will think about people with certain diets related to religion and/or health and create a healthy plate for such dietary requirements. Vocabulary such as herbivore, omnivore and carnivore will be introduced.

In this theme we will be exploring healthy eating and looking at food from a very different perspective. Still life art, bread making and smoothies are only a few of the things that are 'on the plate' this term.

As mathematicians we will begin by looking at equal groups and move onto recalling and using multiplication and division facts for 3, 4 and 8 timetables. We will sharpen our reasoning and problem solving skills whilst using these tables. We will briefly look at measurement when cooking our various food and revisit this later in more detail. We will continue to diligently work on TimesToo and practice our mental maths skills.

Other activities to be covered:

As computer scientists we will use Keynote to organise food into the 5 groups needed for a balanced diet and sort animals into groups depending on their diets. We will learn coding through Espresso Coding.

As citizens of the world we will address the issues around vegetarian diets and foods not allowed due to religious reasons.

As artists we will learn about the life of French artist Paul Cezanne and look at some of his famous still life drawings. Using food as our basis, we will replicate still life paintings in his style and learn various sketching techniques. We will look at skills in observation and use artistic vocabulary to annotate famous paintings.

As readers and writers we will be looking at features of instructional texts. We will follow various recipes and instructions to draw pictures and also write our own instructions for activities. We will use imperative verbs and time conjunctions to improve our writing. We will learn that in today's society, instructions are not only written but also interactive or vlogged. We will always think about handwriting and presentation so that our work is neat and to a high standard.

As geographers we will look at our neighbouring country Spain and learn about some famous foods they eat there. What is a pomegranate? What's a famous type of bread from Spain? Children will learn about food from around the world and get tucked into making some delicious snacks.

As design and technologists we will be planning, making and evaluating a healthy smoothie. We will investigate different packaging types and after making olive bread we will design a package to hold our bread in. We will examine package labelling and understand why it's important to read it. Gingerbread houses are always a festive favourite and we will research the story behind this cultural food before making one ourselves!

As historians we will look at the origins of various food and as the Christmas season approaches we will look at how cultural foods, such as the 'Gingerbread House' is used to celebrate festive occasions.

As learners of religion we will continue to look at Christianity and Islam. Our focus will be symbolic expression in prayer and worship. Through the exploration of beliefs and practices, we will explain how symbolic actions in worship can communicate and express meaning beyond words. We will explore humility in prayer, the power of light across religions and the importance of sharing food in Christian worship. We will also look at Advent and Christmas traditions around the world.

Other activities to be covered:

As Athletes we will learn the skills necessary to play football with the help of Premier Stars. We will also be exploring gymnastics.

As musicians we will explore how to hold and play some notes on a tuned instrument - the ocarina. We will also be learning and performing songs for our Christmas production.